

WE ARE BACK TO SERVING THE HEALTH AND WELLNESS NEEDS OF OUR COMMUNITY



Join us on May 1st at 2:00 pm

Learn More About Our Free Programs Focusing on the Holistic Approach to Health and Wellness Through Exercise, Meditation, Yoga, and Nutrition.

31516 Winterplace Parkway

Salisbury, MD 21804

Or Call Ashley Conroe, Health and Wellness Coordinator,

(443) 260-0822 Ext. 2779 to learn more.